

# Chocolate Hazelnut Truffles

Looking for a delicious snack to satisfy your sweet tooth? Look no further than these decadent chocolate hazelnut truffles. The best part? Dates and a touch of maple syrup add just enough sweetness without adding any refined sugar.

Prep time: 25 minutes

Cook time: n/a

Yield: 15-18 truffles

## Ingredients:

$\frac{1}{2}$  c. raw hazelnuts  
12 Medjool dates, pitted  
2 T. cocoa powder, unsweetened  
2 T. coconut flour  
1 T. coconut oil, melted  
 $1\frac{1}{2}$  T. pure maple syrup  
1 t. pure vanilla extract  
 $\frac{1}{4}$  t. coarse salt

## Optional Coatings:

$\frac{1}{4}$  c. hazelnuts or almonds, ground  
 $\frac{1}{4}$  c. coconut flakes, finely shredded  
2 T unsweetened cocoa powder +  $\frac{1}{4}$  t. each cayenne pepper and coarse salt

## Directions:

1. Place pitted dates in a small bowl filled with warm water. Set aside to soak for 10-15 minutes.
2. Line a rimmed baking sheet with wax paper and set aside. Pour each selected coating, if using, onto a separate shallow, rimmed plate and set aside.
3. Add hazelnuts to a food processor and process until finely

ground.

4. Remove the softened dates from bowl and drain off any excess water. Add dates and cocoa powder to food processor and blend until smooth, approximately 3-4 minutes. Scrape the sides, as necessary, to ensure mixture is thoroughly combined.

Tip: Add a few drops of water at a time, if necessary, to achieve a smooth consistency, but don't add too much.

5. Add coconut flour, coconut oil, maple syrup, vanilla extract, and salt to the mixture and process until combined.

6. Remove the dough from the food processor and divide into 15-18 equal-sized portions. Roll each section of dough into a ball before rolling in the selected coatings.

7. Once coated, place on prepared baking tray and place in the refrigerator to chill for several minutes before serving. Enjoy!

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